

**SPORT NORTH HERTS ACTION – YEAR 1 – Jan 2008 – Mar 2009**

<b>1. Advocacy and Leadership</b>						
<i>Objectives</i>	<i>Actions</i>	<i>Who is Responsible?</i>	<i>Resources</i>	<i>Timescales / Outcomes</i>	<i>CIF Funding</i>	<i>Links to strategies</i>
1. To gather & align existing priorities and targets of all CSN partners into one Sport North Herts action plan.	a) Consult with all partners to identify local needs, targets and priorities.	a) NHDC & CSN Chair	a) Time to consult CSN members.	a) Consultation with CSN members in Nov 07– Jan 08.		e.g HSP objectives, LAA targets, LSP Community Strategy.
	b) Produce Sport North Herts action plan for Jan 08 – Mar 09.	b) NHDC (which includes Sports Development Officer).	b) Time to produce plan.	b) Draft plan produced by 18 <sup>th</sup> Jan 08. Final plan in place 25 <sup>th</sup> Feb 08.		
	c) Monitor progress against action plan at CSN meetings and record.	c) CSN members to provide updates against actions. NHDC to record.	c) Progress monitoring to be on CSN agenda at quarterly intervals.	c) Monitoring on agenda in June 08, Sep 08, Dec 08, Mar 09.		
	d) Review, update and produce new action plan to take effect from April 09.	d) CSN members to review existing action plan. Management team from CSN to produce new plan.	d) Time to review existing action plan and produce new action plan.	d) Annual report distributed May 2009. 2009/10 action plan finalised end Feb 09		

<p>2. Provide a united voice for Sport in North Herts and act as a central point of contact for Sport England, Herts Sport Partnership (HSP) and all local clubs. Promote sport in North Herts.</p>	<p>a) Ensure all local clubs are encouraged to participate in Sport North Herts and access opportunities through the production of a quarterly CSN newsletter.</p>	<p>a) NHDC to produce and circulate quarterly newsletters.</p>	<p>a) Cost to produce and circulate 4 page newsletter across the District £400 per newsletter, <b>£2000</b> per year.</p>	<p>a) 1000 Newsletters to be circulated Mar 08, Jun 08, Sep 08, Dec 08 and Mar 09 to local clubs and through the SSP.</p>	<p>a) Newsletters <b>£2,000</b>, £1750 design and print £250 postage</p>	<p>Sport North Herts is an integral link in the Sport England Single System for Sport agenda.</p>
	<p>b) Ensure local issues are fed up to HSP and Sport England, and national, regional and county information is disseminated locally, mainly through a website.</p>	<p>b) NHDC to create and update CSN pages on NHDC website until resources for a integrated website are identified.</p>	<p>b) Cost of developing a website - <b>£500</b></p>	<p>b) District to have an up to date website of local clubs, agencies and information from HSP, Sport England for viewing to promote opportunities and area for comments from local level upwards. Will also include links to Sport Royston, School Sport Partnerships, NHDC and local</p>	<p>b) Website <b>£500</b>- (external agency fee)</p>	

				sporting events. Sept 08.		
3. To distribute information about new local, regional, and national sporting initiatives and ensure North Herts is prepared to accommodate these.	a) Information sharing to be a key focus of CSN meetings.	a) CSN members to feed information into chair / secretary for dissemination / discussion at meetings.  a ii) Information to be distributed via seminars, newsletters and website.	a) Regular CSN meetings on a quarterly basis.  a ii) Cost of newsletter and website detailed in 2b.	a ii) Newsletters to be circulated Mar 08, Jun 08, Sep 08, Dec 08 and Mar 09.  CSN web page on NHDC website to go live 1 <sup>st</sup> Apr 08.	No CIF request	
	b) Organise a 2012 Olympic and Paralympic information seminar for CSN members and all local sports clubs on information of the Games and the context leading up to 2012 and how the clubs can be part of the delivery	b) NHDC to organise presentation from John Fuller, Hertfordshire Olympic Lead.	b) <b>£800</b> to provide a speaker, venue, refreshments and leaflets.	b) Host Olympic seminar. 50 clubs to attend along with SSP reps, 5 PE teachers and 30 Sports leaders. Individuals to be more aware of opportunities and participation around the 2012 games.	Seminar <b>£800</b>  (Cost of hire of NHDC Council Chamber, refreshments £500 Speaker (athlete) £200 Dissemination of leaflets £100).	

	framework for achieving the legacy-Summer 08.					
4. Support & monitor PE School Sport Club Links (PESSCL) Programme in North Herts	a) Monitor progress of the PESSCL programme at CSN meetings.	a) SSP's to lead on ensuring information on PESSCL is available, CSN to support.	a) Attendance of School Sports Partnership Development Managers at CSN meetings.	a) PESSCL updates to be available in Nov 08.	No CIF request	PSA Target for PESSCL strategy

<b>2. Innovation and Delivery</b>						
<b>Objectives</b>	<b>Actions</b>	<b>Who is Responsible?</b>	<b>Resources</b>	<b>Timescales / Outcomes</b>		<b>Links to strategies / plans</b>
1. Development of sport specific forums to co-ordinate the development of individual sports in North Herts and assist with sport specific issues such as club accreditation.	a) Sport Specific forums for the following sports to be a priority in 2008: Basketball Badminton Cricket Football Hockey Disability sports Tennis	a) SNH will co-ordinate the setting up of each forum and then assist to identify a local individual / organisation to co-ordinate. Each forum shall be encouraged to be innovative in	a) SNH will support each forum to a maximum of £1,000, subject to SNH Executive approving the forum budget, which reflects the agreed strategies.  <b><u>£10,000</u></b>	a) All forums to have held initial meetings by Mar 09.	a) Sport Specific Forums <b>£10,000</b>	Hertfordshire Local Area Agreement / NHDC Development Plan.

	<p>Rugby Union Swimming Athletics</p> <p>These forums will help to identify sport specific needs within the local area and disseminate best practice.</p>	<p>preparing &amp; supporting delivery of strategies to meet agreed outcomes, in accord with LAA Targets.</p>				
<p>2. Delivery of a year round programme of sporting after school opportunities for children and young people.</p>	<p>a) New School Club Links Programmes to support the 5 hour offer. (See attached document on the new proposed school club links)</p>	<p>a) School Sport Partnerships, Blueharts Hockey Club, Baldock crusaders netball club, Royston Hockey Club, Royston Rugby Club, Letchworth Hockey Club, Corvus Cornix Basketball Club.</p>	<p>a) School Club Links. 6 projects = <b>£8690</b> match funding to be delivered by clubs and schools. £640- Leaders awards, £2700- coaching costs/ hire costs to aid transition into clubs, festivals- no costs, £1710- FUNdamentals courses, £1060 kit bags, £2580- curriculum/ OSHL sessions in schools.</p>	<p>a) 1160 school pupils to attend curriculum/ OSHL coaching sessions across the district. 14 bags of equipment, 19 to attend FUNdamentals course, 600 to attend sports specific festivals, 250 to attend coaching transition sessions from school to clubs, 80 to attend coaching courses/ leaders awards.</p>	<p>a) School/ Club links <b>£6,000</b> (£1000 per project- 6projects, 36 schools)  (£2700- coaching costs/ hire costs to aid transition into clubs, £1060 equipment bags, £2240- curriculum/ OSHL sessions in schools.)</p>	<p>Local Area Agreements - Safer &amp; stronger communities, Children &amp; Young People and Healthier Communities &amp; Older People Blocks, and PESSCL strategy nationally and with North Herts.</p>

				Total numbers joining clubs- 170 pupils.	
b) Holiday sports courses	b) NHDC and local clubs	b) Cost of design, print and distribution of brochures to every school pupil in North Herts, to advertise holiday programmes in Easter 08, Summer 08, Oct 08 and Feb 09 = <b>£10,000</b>	b) Brochures to be distributed to every school pupil one month before school holiday commences.	No CIF request	
c) District Cricket winter programme for children and young people ages 10-15 years.	c) Cricket Development Group (including Letchworth CC, Hitchin CC, Lilley CC, Royston CC, Preston CC (plus other local cricket clubs and cricket development officer) and NHDC	c) <b>£2000</b> to deliver winter coaching	c) Trials to begin Nov 07, training Nov 07-Mar 08 (75 children/ young people at 1.5 hrs p/w for 15 weeks-1,688 coaching hrs). District matches take place May 08.	No CIF request	
d) Lunchtime playleader programmes and development of play	d) School Sports Partnership and NHDC	d) Trainers to deliver playleader programmes.	d) Playleader training delivered on a rolling programme and	No CIF request	

	opportunities		Cost to deliver playleader training in one school = 6 hours x £20 = £120 X 38 schools = <b>£4560</b>	completed in all schools in the North Herts SSP by Summer 2009		
	e) Play in Schools Programme developing play opportunities at lunchtime	NHDC Rural Play project and Caldicott Centre, Hitchin	Cost to develop lunchtime play opportunities in one school for one term = £275.  Currently this work is delivered in Hitchin and the rural schools, additional funding is needed to work elsewhere in the District. Cost = <b><u>£9500</u></b>	Lunchtime play development completion dates:  Ickleford Primary Dec 07 Pirton Primary Graveley Primary Oughton Primary Feb 08 Wilshere Dacre Feb 08 Highover Primary July 08 Strathmore Infant July 08	No CIF request	
3. Develop new initiatives that increase participation in sport and physical activity in North Herts.	a) Identify initiatives that will increase participation by 16-24 year olds, women 50+, and disability target groups as identified in Active People Survey 2008.	Specific initiatives and programmes led by member organisations.	a) Sports Development hours at local leisure facilities agreed in current contracts = <b><u>£13,000</u></b>	a) 1% increase in sport and physical activity participation measured in the Active People Survey. Next set of results due in Oct 2009.	No CIF request	

	b) Evaluate effectiveness of initiatives in targeting identified groups.	b) Lead agency to collect evaluation data. Data to be collated by NHDC.	b) Agree standard data to be collected. <b>£1000</b> pa in administration costs.		No CIF request
	c) Develop a range of new outreach sport programmes for children and young people living in deprived or isolated areas.	c) Parish Councils, NHDC, Herts Police, Youth Service.	c) Cost to deliver two outreach projects in different estates = <b>£2000</b>	c) Two outreach projects to be delivered by Mar 09. (20hrs coaching delivered in isolated or deprived areas by local clubs to provide sporting opportunities)	c) Two outreach projects @ <b>£1000</b> (£900-coaches- 3 coaches at £15p/h, 20 hrs each area over summer, £100 advertising).
	d) Obesity Project. Run by NHDC. To contract a clinical exercise practitioner to discuss health issues and implement with referred children about obesity.	d) Hertfordshire Children's Fund, NHDC, school health, PCT, GP's.	d) Funding from Childrens Fund <b>£2500</b>	d) 12 children/ young people to receive a tailored programme of up to 18 weeks contact.	No CIF request
	e) BME project in North Herts will support members of	HSP lead, NHDC, North Herts Minority Ethnic	e) £37,500 over 3 years for projects in North Herts		No CIF request

	BME communities to train to NGB level in sports coaching and deliver sessions to BME participants.	Forum, Rap Aid.	equates to <b>£12,500</b> in coming year.			
	f) New Summer Youthoria programme- multi activity programme for 11- 19 year olds. This will include both sports activities in the park and sport specific coaching, and outdoor education (canoeing, rock climbing).	f) Hertfordshire Youth Service, Extended Schools Consortium Programme, NHDC, Caldecott centre, connexions, Hitchin Town FC, Groundwork, North Herts Homes.	f) Cost to deliver sports sessions and physical activity programmes <b>£8700</b> (transport from district villages- £1000, hire of specialist equipment- £2,500, refreshments- £200, instructors- £2,500, hall hire- £2,500)	f) Provision of opportunities for participation in sport and physical activity for 11-19 year olds- August 08. (24hrs trampolining- 96 places, 16 hrs basketball- 128 places, 12 hrs football skills- 120 places, 38 hrs park sports activities- open access, spread over 4 wks summer holiday)	f) Youthoria Programme <b>£500</b> to deliver a sports coach at £12.50 p/h into 4 areas of the district for 10 hours each.	
	g) Youth Diversionary Sport Activities	g) Herts Constabulary, County Youth Diversion Group, Safer Neighborhood Teams (SNT),	g) Cost to deliver a new multi sport diversionary project for 8 weeks <b>£5000</b> (£1000 for promotion, local youth worker, and 2	g) 8 week (3 hrs a week) diversionary sports programme to be delivered in an area of Baldock	<b>£1000</b> (£40 promotion of the project, £240 (local youth worker at £10p/h for 24hrs-	

		Extended Schools Consortium Programme, Youth Service.	club coaches, £4000 for external agency to provide youth workers, equipment including grass boards and planning meetings)	affected by social gatherings. 200 young people involved. Core group of 25 young people to plan and assist-Mar 09.	detached work), £720- 2 coaches to deliver coaching (£15 p/h for 24hrs)	
	h) MEND project at local leisure centres – working with children and young people aged 8 to 13 years and their families to tackle obesity through exercise, mentoring and guidance.	h) DC Leisure, MEND.	h) <b>£5000</b>	h) Nine week programme delivered to each child, starting Oct 07 – April 09. 6 families for 9 weeks. 4 hrs a week. Delivery hours- 216hrs per family.	No CIF request	
	i) Support a range of sporting and physical activity opportunities for over 50's.	i) NHDC 50+ Development Officer, Chesfield Downs Golf Club, Letchworth Tennis Club, Countryside Management Service.	i) Cost of venue hire, publicity and instructors varies for each opportunity.	i) Year round programme of dances, bowls, fitness classes, walks, swimming, badminton, table tennis and golf.	No CIF request	
4. Co-ordination of input into Hertfordshire Youth Games.	a) CSN to seek local sponsorship for North Herts team in 2009 and assist with recruitment of team	a) CSN to lead on identification of sponsorship opportunities.	a) Cost for NHDC to co-ordinate North Herts involvement in HYG (kit, venue	a) Evidence from 2008 HYG to be used to encourage sponsorship for	No CIF request	

	managers.		hire, transport, training, coach support) = <b>£9500</b>	2009 event. a ii) Full participation by North Herts in all relevant sports in May 2008 HYG.  a iii) Sponsorship secured for 2009 games by Jan 08.		
5. Continual development of talented sportspeople and coaches.	a i) Allocate and distribute Sports Grants to talented young people and coaches.  a ii) Host annual sport grants awards ceremony	a) SNH grant award panel.	a i) Current annual sports grant allocation = <b>£5000.</b>  a ii) Cost of evaluating effectiveness of grants = <b>£200.</b>		No CIF request	
6. Recognition of the outstanding contribution made by individuals and organisations in North Herts to opportunities for sport and physical activity .	a) CSN to sponsor an award at the Comet annual Sports Awards.	a) NHDC CST to co-ordinate sponsorship.	a) Cost of annual sponsorship for one category= <b>£1000</b>	a) Sports Awards in Dec 08 – CSN to decide which category they would like to sponsor.		

### 3. Education and Training

Objectives	Actions	Who is Responsible?	Resources	Timescales / Outcomes		Links to strategies
1. Work with HSP and North Herts College in extending the opportunities for development of key officers in clubs and organisation e.g coaches, trainers, administrators, officials.	a) Identify local training needs through the CSN steering group and sport specific forums.	a) CSN / HSP	a) Time for NHDC CST and CSN to consult local clubs. CSN 'start up' fund	a) Circulate questionnaire Jan 08. Returns by Feb 08. Present findings to CSN Mar 08.		
	b) Signpost local clubs to coach education courses	b) CSN to signpost clubs to HSP courses		b) 2008/9		
	c) Funding seminar	c) CSN to fund, NHDC to organise	c) To organise and deliver funding seminar in North Herts = <b>£1500</b> (administration-£100, hire of hall-£900, speaker-£200, advertising to local clubs-£300)	c) Seminar delivered in 2008	c) Funding seminar <b>£1,200</b> (admin-£100, hall hire-£900, speaker-£200)	
	d) Signpost members of the CSN to training provided by HSP for CSN's e.g chairing, minute taking, marketing.	d) HSP	d) Time for CSN members to attend training.	d) Key members of the steering group to have attended appropriate training by March 09.	No CIF request	
2. Administration	a) Employ an 'hourly paid' administrator	a) CSN to employ an 'hourly	a) Administer CSN 7.5 hours a	a) Produce and circulate quarterly	a) <b>£3000</b> (for 7.5 hrs a week,	

		paid administrator	week, £10 per hour.	newsletters, update CSN website, monitor and evaluate projects (including updating KPI information) and administer all CSN related meetings	£10 p/h).	
3. Sustain Sport Royston by providing annual grant support.	a) NHDC to provide annual grant.	a) CSN & Sport Royston to manage two seasonal sports fayres involving presentations, demonstrations and come & try activities. sustaining its established website, promotion of seminars and education programmes for coaches, managers & officials. Promotion of annual Junior Superstars event.	a) £1,000 per annum to be allocated from NHDC funds..	a) 2008/2009	No CIF request	