

# Get Involved ! The Voice of North Herts Over 50's

Membership will be offered to individuals, couples, clubs and organisations.

The cost of membership is still to be decided but it is hoped that it will be kept to a minimum.

If you are interested please complete and return:

Surname

First Name(s)

Club or Organisation

House number /name

Street or Road

Town

Postcode

Tel Number

e-mail address

## JOIN US

Forum membership will ensure that you will be part of a friendly like-minded over 50s community enjoying:

Monthly Forum meetings giving you an opportunity to be heard.

Become involved in campaigning against inequality and discrimination .

Coffee mornings to meet and exchange views with like minded people.

Group activities such as excursions, luncheons, dinners, talks, theatre visits, and much more.



## CONTACT US

Email: [nh50s@yahoo.co.uk](mailto:nh50s@yahoo.co.uk)  
Or post to

**North Herts Over 50's Forum**  
c/o Howard Garden Social Centre  
Norton Way South  
Letchworth Garden City  
Herts, SG6 1SU



Keep **ACTIVE**  
Stay **SHARP**  
Have **INFLUENCE**  
Be **INFORMED**  
Get Involved with  
the  
**North Herts Over  
50s Forum**

Sponsorship received from  
East and North Hertfordshire   
Primary Care Trust

## OUR MISSION

To involve older people in decision making and influence the formulation and implementation of policy both nationally and locally . We will look at matters such as health, educational and leisure activities, transport, social and community care, housing, age discrimination in employment, pensions and benefits.

We will listen and respond to the views of people over 50, maximise opportunities and monitor and test policies that affect us.

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## HOW WILL WE ACHIEVE THIS ?

The more over 50s, who wish to remain active and sharp and become involved to consult, communicate and act for each other as advocates, the stronger we will be.

Other over 50s Forums in the rest of the country have achieved in changing things in their areas. We can do more with the strength of community spirit we have in North Herts.

## CONSULT

The Forum will welcome the opportunity to have the voice of its membership heard. Our aim will be to assist the Council and any public or private body that wishes to ascertain reaction to existing policies or services and to consult with older people on the introduction of new policies and practices.

The Forum will assist in surveys seeking the views and ideas of older people in general.

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## COMMUNICATE

Monthly Forum meetings will offer local organisation's and services a unique opportunity to communicate their policies, hopes and aspirations to a wide cross-section of older people.

The Forum meeting will act as a critical, debating, questioning and development vehicle for Forum policies and assisting guest speakers in the formulation of their policies.

## ADVOCACY

The Forum's advocacy role will include seeking out and helping eligible persons who for whatever reason are unable to adequately represent themselves. So as to counter discrimination and promote equality.

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## PARTNERSHIPS

The Primary Care Trust will be encouraged to explain the national service framework for older people, the single assessment process and the need to follow a healthy lifestyle. The Forum will encourage close links with the Police service and provide a vehicle for introducing and explaining, advice, strategy and initiatives.

Similarly , the Forum will welcome the involvement and participation of the Fire Service, Pensions Authority, Public Library, leisure and road safety services the RNIB, RNID and others.